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CLAIMS

The subject matter claimed is:

- 1. A disposable food delivery apparatus comprising:
- (a) a food container comprising a flexible bag;
- (b) a food utensil couplable to the food container; and
- (c) a cap couplable to the food utensil for covering the food utensil.
- 2. A disposable food delivery apparatus comprising:
- (a) a food container comprising a wall defining a chamber configured for receiving a flowable food;
- (b) a funnel member comprising a channel, wherein said funnel member is disposed on the food container for receiving the flowable food and conducting it through the channel;
- (c) a food utensil comprising an opening, wherein the food utensil is disposed on the funnel member and the opening is configured for receiving the flowable food from the channel;
- (d) a plunger configured for being received in the chamber and being slidable therein, wherein sliding the plunger in the chamber pushes the flowable food from the chamber into the funnel member and thence into the channel and out the opening into the food utensil; and
- (e) a pressure plate disposed on the plunger wherein pressure applied to the pressure plate causes the plunger to slide in the chamber.